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Traditional uses of medicinal plants of Badami Taluk district Bagalkot

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Abstract

Traditional knowledge of local vaidhyas about medicinal plants and their importance in local health care is well known since Vedic period. Plants are considered as divine in origin and were worshipped as Mother (Goddess). Screening of medicinal plants has become a potential source of bio-dynamic compounds of therapeutic value in phytochemical researches. Ethno-botanical documentation is one way of capturing this body of knowledge. Hence the survey of medicinal plants and their traditional uses by traditional practitioners of Badami taluk of Bagalkot district as it has a long history of medicinal plants since from Chalukyan period.

Keywords: medicinal plants, Badami, uses

Introduction

Study area

The study area Badami taluk is located in Bagalkot district of Karnataka state. It has a long back history for its architectural beauty of Menabasadhi, Agasthathirta Mahakoot with rich source of medicinal plants. This taluk is situated between 15.92°N 75.68°E latitude. The study area has diverse type of vegetation like arid habitat, shruby and thorny vegetation and rich in diversity of plants with medicinal values which are being explored by traditional practitioners of different locality in this taluk.

Plants are the principle source of raw materials for plant based medicines since ancient times from the period of Charaka and Sushruta.

Now a days traditional herbal medicine are receiving great importance in health care throughout the world. This traditional knowledge is handed down orally or in the form of scripts from one generation to the other through trial and error methods. In India most rural population and tribal community rely on traditional medicines for their health care needs.

Methodology

Data sheets were prepared at different villages of the taluk were traditional practitioners are practicing, with village name and its locality, date of visit, address of the patients with their age, sex and the treatment they are getting from the medicinal plants. The vernacular names of the plant and the part used for the treatment with questioners with the patient and traditional practitioners of particular locality. Frequent field survey in prominent villages like Mahakoot, Adagal, Nandikeshwa, Pattadakal, Belur, Hosoor, Yaragoppa, Kendur, Naganathkolla etc. Plant species were identified with flora and the preliminary data was recorded by observing the fresh plants in fields.

Results of survey

Some plants species used to treat human ailments in Badami taluk of Bagalkot district is as Table 1 showing details about medicinal plants and their use to treat various ailments.

Conclusion

The survey indicates that the study area has plenty of medicinal plants to treat a wide spectrum of human ailments. The study concluded that even though the accessibility of western medicine for simple and complicated diseases is available many people still relay on medicinal plants at least for treatment of some simple disease such as cold, cough, fever, headache, poison, snake bites, skin disease and tooth infections.

It is necessary to acquire and preserve these medicinal plants by propped documentation and identification.

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Table 1: Details about medicinal plants and their use to treat various ailments

Name of plant	Family	Parts used	Ailments
Asparagus racemosa	Liliaceae	Roots	Hypertension & insomnia
Andrographis peniculata	Acanthaceae	Whole plant	Fever & weakness
Aloe vera	Liliaceae	Gelatinous extract of leaf	Laxatives, wound healing & skincare
Aegle marmelos	Rutaceae	Fruits & bark	Diarrhoea, dysentery, constipation
Adathoda vasica	Acanthaceae	Leaf	Antispasmodic, respiratory stimulant
Calotropis gigantia	Asclepidacee	Flower powder, leaves	Cough and cold, dropsy inflammation
Centella asiatica	Umbelliferae	Whole plant	Anti-inflammatory, Jaundice Diarrhoea
Solanum nigrum	Solanaceae	Fruits/whole plant	Dropsy, Diuretic anti-dysentery
Oscimum sanctum	Labiatae	Leaves/seeds	Cough, cold and bronchitis
Holerhina antydysentrica	Apoynaceae	Bark/seeds	Scabies, antipyretic. Amoebic dysentery

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